



BRING HEALTHY CHANGE TO STATE AND LOCAL GOVERNMENT

From fire stations to libraries, state and local governments sometimes overlook the healthy workplace. An absence of ergonomics and active seating solutions leads to back pain, carpal tunnel and even long-term health issues related to sitting at a desk all day. These factors not only impact employee well-being but the bottom line of state and local government budgets.

For every dollar that was spent on wellness, local and state government agencies **save** \$3.27 because of reduced healthcare spending¹

64% of local government health care increases were claim costs²

Health care expenditures by state and local governments have doubled over the last 25 years, and now total **\$475 billion**³

¹Rossi, Amy (2010) *Wellness Programs on the Rise*, Retrieved from <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2873731/>

²University of Tennessee (2014, Dec) *Local Government Strategies to Address Rising Health Care Costs*, Retrieved from <https://slge.org/assets/uploads/2018/02/2014-Strategies-to-Address-Rising-Health-Care-Costs.pdf>

³Boyd, Donald (2014, April) *The Potential Impact of Alternative Health Care Spending Scenarios on Future State and Local Government Budgets*, Retrieved from <https://www.brookings.edu/research/the-potential-impact-of-alternative-health-care-spending-scenarios-on-future-state-and-local-government-budgets/>



Solve the wellness puzzle with products to create and promote **COMPLETE WELLNESS SOLUTIONS**

1. MOVEMENT

Add movement to increase energy, engagement and efficiency that seamlessly integrates into the workday. Choose the right Sit-Stand solution for the way you work.



Lotus™ Sit-Stand Workstations

Smooth Lift Technology™ for easy height adjustment

Integrated cord management to keep faculty organized

Arrives fully assembled to save community staff time



Levado™ Height-Adjustable Desks

Create flexible areas to collaborate with or without chairs

Fast 90-second assembly saves you time and money

2. FLEXIBILITY

Enrich your wellness experience with accessories that encourage daily movement and protect private information for a more dynamic and healthier workspace.



Anti-Fatigue Mats

Promote productive movement and stretching with comfort throughout the day



Privacy Filters

Protect confidential data



Monitor Arms

Allow faculty to position their monitors in an optimal position

Protects from eye, neck, shoulder and back pain

3. ERGONOMICS

Keep employees engaged and productive and help minimize the risk of costly musculoskeletal disorders from long hours in front of the computer.



Wrist Supports

Encourage proper wrist alignment at the computer while keeping germs from spreading with Microban® protection



Back Supports

Helps alleviate lower back pain while sitting for long periods

Microban® antimicrobial protection helps keep product cleaner

**Office
DEPOT**

business.officedepot.com

888.2.OFFICE (888.263.3423)

Visit us in store

Valid at business.officedepot.com or by phone at 888.2.OFFICE and fax at 888.813.7272 only. Office Depot updates pricing, product and service assortment on a regular basis as a result of a variety of factors, including, but not limited to, market and competitive forces, and reserves the right to change pricing and product assortment at any time without notice. Offers are non-transferable. Office Depot reserves the right to limit quantities sold to each customer. We are not responsible for errors.

Office Depot® and the Office Depot logo are registered trademark of the Office Club, Inc. ©2019 Office Depot, Inc. All rights reserved.